

THANKSGIVING

2016-11-19

- 2016-1119-001 Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph, Yeshu'a, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth.
- 2016-1119-002 Great joy of remembrance. Great joy of reunion. Great joy to behold you in this fashion, for truly every time we meet in this way, I have the opportunity to behold your aura, which is truly unbounded and does extend farther than you can imagine.
- 2016-1119-003 For in truth, as I have said to you many, many times, we are One; one great energy coming forth from the place known as Home, heaven, Allness, Oneness; to adventure, to play, to be in joy, and to play with each other; not to get bogged down in the heaviness of the world. You've had a bit of that in the last couple of weeks. Not to get bogged down in the heaviness of the world, but to remember from whence you have come and to whence you will return.
- 2016-1119-004 Speaking of heaviness, you have experienced a surprise in the last ten days or so of your timing [President-elect Trump], a surprise that you were not expecting, and ones have had to think, "What was I expecting, why was I expecting, and how will this be affecting the future?" I have heard ones worrying about this, agonizing about this, wondering, "How is this going to work out?" Even the one who was chosen has been wondering, and he will put a good face upon it, but in truth, he was as surprised, perhaps more so, than some of the other ones.
- 2016-1119-005 Because, you see, he did not really expect that he would be the chosen one in this lifetime. He expected that it was a lark, it was one of the enactments that you have on your large or small box, and that he would play the part to the hilt. So he played the part. Great was his joy to play this part. Great was his surprise when they came with news and said, "You are the chosen one."
- 2016-1119-006 And he said, "Oh," because he realized that this meant that he was going to have to make more decisions. He thought he was going to go free just to critique everything, and that is not the way you gave him the mantle. You said, "No, you will have to step up. You are at bat. You are the one now who is going to have to say in what direction you want to go and you want to advise other ones to go."
- 2016-1119-007 There was a bit of agonizing on his part. I heard him. He did, in truth, call to me, the same as ones call on his golf courses. "JESUS!" (Laughter) You got that. My

name is often called on the golf course, yes, (Laughter) and I do come when they call. They don't always pay attention or acknowledge that I have come, but I am there. And I was there on that evening and morning for him.

- 2016-1119-008 Many of what you call light-beings are working with him, as much as he will accept and acknowledge, and in time there is great hope that he will become the statesman that ones are hoping he will be. It is a big undertaking for him, so I would suggest—merely a suggestion—that you remember him in your good thoughts, in your meditations, and in your prayers, because it has come as quite a surprise to him, and he feels a certain weight that he has not known before.
- 2016-1119-009 He has had a certain laissez faire, where you go through life and do not have to worry about things; that is for somebody else to do, to worry about. And now he is going to be looked to for guidance. I will say to you as a reassurance, because there are some of the brothers and sisters who are pleading at this time for some reassurance, that truly there are many light-workers with him, many angels, ones that you would see as ascended masters, who are ready, willing, and able, should there be opportunity, to advise and to help.
- 2016-1119-010 So in your quiet times, see an opening and know that truly this one will, at a certain point, open himself to the assistance of higher realms. Now, having said that, it may be this lifetime that he opens himself, or it may be another lifetime. It is always a free choice, as you know. It is a free choice for everyone to either accept the help of light-workers and of the Light and to come into one's own Being, the exalted remembrance from whence you have come, or to say, "Well, it's a nice idea, but I'll do it some other time. And then after a while, the body says, "Well, it's time to regroup. Maybe we'll do it next lifetime."
- 2016-1119-011 And the next lifetime, maybe yes, maybe no. There is truly no judgment in that, because in truth, there is no time. There seems to be, and you are very much accustomed to watching the time and what has to be, or looking nowadays at your phone. It's most amazing what your little phone will tell you; quite a handy companion of information. It even gives you directions how to get places—sometimes.
- 2016-1119-012 Now, having said that, we will get on with this evening's message, which is one of thankfulness. You have a holiday in this geo-political grouping coming up this week, where you pause and give thanks for what you have in your lifetime: your experiences, your friends, every one of the aspects of life that you are thankful for.
- 2016-1119-013 As I have suggested oftentimes, it is something that you would start your day with; not only on just one day of the year, but on every day as you awaken in the morning, and you can spend the first few minutes or longer being thankful for the

fact that you have awakened and for everything that you see around you, all of the friends that you are going to encounter in that day, all of the occurrences that you have on your appointment book or your list of ones that you're going to be talking with, to give thanks for the four-footed ones who come running in and often wake you up because it is time for the food bowl. So you give thanks for them, as truly they give thanks for you. And they do. Every time you feed them, every time you pet them, every time you look at them with love, they give thanks. Do they know? Yes, they do know. Did they choose you? Yes, they did choose you. Is it there by mutual agreement? Yes.

- 2016-1119-014 Oftentimes the two-footed ones, the humans, think that they are choosing the pet, the four-footed one. In truth, it is mutual. It is not by accident that the four-footed one has come across your path at a certain time. You all have perhaps had the experience where a four-footed one has come to you and you have said, "But I'm not looking for a four-footed one. I'm not ready to have one." They look at you with that certain look in their eye, and you say, "Well, okay," and there you are—hooked. There you are, in love.
- 2016-1119-015 Then they will turn around and do something, and you will say, "Oh, I didn't know I bargained for that." And they will say, "But do you still love me?" And they will look at you with the big, big eyes, and you take a deep breath and say, "Yes, of course. But don't knock over your water dish again."
- 2016-1119-016 They are walking love on four feet. They each have their own personalities. They each have their ways of testing how far you will go in your love for them. But in truth, they are love, and that is why you have attracted them to you, so that you will stop for a moment in your busy schedules and say, "You are a good cat." They feel that. They acknowledge it.
- 2016-1119-017 The same as you say that to brothers and sisters, the friends that you have. You look at them and say silently sometimes, sometimes outwardly, "I'm glad you stumbled into my life. I'm glad you felt the urge to come, to move here from somewhere else." All of you have come from some other geographical location, and you have come here meantime to share your love with each other. It's not by accident. It is truly by some fore-planning ahead of time that you said, before the incarnation, "We will meet up again." Is this true to your knowing? After a while it becomes true to your knowing, and you say, "Yes, I guess we were meant to meet."
- 2016-1119-018 Sometimes ones come together in what will be the love relationship. If things are not going exactly right, you wonder, "Well, was this really what I was meant to do and who I was meant to see and be with?" The answer is yes, because in truth,

you have all agreed before the incarnation that at some point your paths are going to come together; not necessarily to stay together, but at some point they are going to come together. Sometimes this will be for a long time, and sometimes it will be a shorter time. But you have agreed that you will meet up and you will share.

- 2016-1119-019 So I say unto you, as it was two thousand years ago, I am happy that you have chosen to walk with me, because, in truth, all of you did. Those of you who are within the sound of my voice, those who are reading these words, it is not by accident that you are drawn to these words. It is a friendship that goes way back in time, as you measure time. So once again we meet to share the hugs, to share the laughter, to share the questions, to walk together.
- 2016-1119-020 Think to this morning when you awoke. First thing you probably thought was, "What do I have to do today? What's on the list? What do I have to do?" Beyond that, what did you feel? Did you feel happy? Yes? You were looking forward to the day? Yes? Because every day is a gift that you give to yourself.
- 2016-1119-021 Every day when you awaken, you can be thankful that you have accepted the gift of awakening. It is symbolic of what you are doing on another level, that awakening that comes to the place where you realize—you make real in your knowing—that you have chosen to walk the path of humanhood for a while and to make the most of it.
- 2016-1119-022 Now, I know that sometimes you feel like it is making the most of you. It's like, "Oh, my goodness, did I really choose this?" And the answer is, "Yes, you did." Ones often will ask me, "Well, why do I make challenges for myself? Why do I make things that seem to be needing my attention and my higher understanding?"
- 2016-1119-023 It is truly because you have asked to know the Allness of you, the greatness of you, the One that you truly are, and you will make all kinds of adventures for yourself and other ones that you know. They will bring out certain adventures that they are coming through, and sometimes you have looked at them and wondered, "Why do they make it difficult for themselves?"
- 2016-1119-024 It is because, first of all, they are creative. Being the extension of the one Creator, they are creative. Secondly, they want to know what power they have to create. And then they want to know, "How do I come through this?" Sometimes there is a bit of agonizing before they realize that, "Yes, I will come through this, because everyone always does, one way or another, and yes, it is going to be okay," to be able to be resigned and yet be at peace; not resigned because, "Oh, well, I can't do anything about it," but resigned because you remember that, "I am the one creating my life, and I am putting whatever into my life; therefore, I will rejoice and be happy in it." Because truly, day by day, you are creating.

- 2016-1119-025 One of your good friends has said, "If you do not like what you are experiencing, stop and change it," because you can. It is always a choice. Sometimes it takes you a bit longer to get to that place where you recognize that, "Yes, I do have choice. Yes, I can change things. I can even change how I observe myself walking through this."
- 2016-1119-026 And you have done this, because sometimes you have come up against a problem that seemed right here in your face, and, "How am I ever going to get through it?" Then there has been an idea. Where did that idea come from? It wasn't there a minute ago. That is the miracle, and you do this all the time. You make for yourself the miracles. Some of them seem big. Some of them seem not so big. Some of them seem like, "Oh, well, that's just how it goes." But truly everything is a miracle. Everything, even to the place of waking up, is a miracle, and it is a choice.
- 2016-1119-027 There is much that you can feel thankful for. That is why it is good that you have at least one day in your 365 where ones say, "I will take reckoning of what I am thankful for." But I have seen the heaviness that can attend a holiday, a holy day. I have seen ones so laden down with decisions—"What am I going to serve for dinner? How long do I cook it? Oh, no, it burned. What am I going to do? Have I invited the right people to come? Are they going to like each other? Are they going to be shouting at each other the way they did last year?" There are endless possibilities for working through whatever comes up.
- 2016-1119-028 For most of you, you have made peace with however things are going. You want to find the peace, you want to find the love, you want to find the happiness, so what you are looking for, you will find.
- 2016-1119-029 There is only love. There is only joy. That is what the Allness is about, and you have never, in truth, ventured out of the Allness; you cannot. You can take your mind and say, "Well, this feels like I am outside of the goodness of life," but then something will come to you—a four-footed one, perhaps a small one, perhaps a friend who comes and says just the right word at just the right time and turns everything around for you.
- 2016-1119-030 This has happened, and it will continue to happen, because you are calling it forth. You desire to live in a place of thanksgiving. You desire to have friends who are also with the smile on the face; not the ones who are too grumpy to see anything good. They are hoping that you are going to see everything good and uplift them.
- 2016-1119-031 So every morning when you awaken, before you put the feet on the floor—and I know this is hard for some of you who feel you "should" be somewhere at a certain time, and you only have five minutes to get there, and it takes twenty

minutes to get up and get ready to go, or perhaps longer—take a moment before you put the feet on the floor to give thanks; thanks that you have awakened, thanks that there is the sunshine or the daylight, thanks that you can put the feet on the floor and that there is a floor to put the feet on. Thanks for the breath. Thanks for the eyesight. Thanks for the hearing; all of the gifts that oftentimes you run past really fast, because you "should" be doing all of these other things.

- 2016-1119-032 Take time to be thankful. For many of you, as you have come through the days of the years, you have had the ones that were truly thankful and the other days when you said, "I can't wait until the morrow to get rid of the feelings of whatever was going on in the holiday." Make every day the holiday. Allow yourself to live in a place of upliftment. Read something that is uplifting. That will take you out of the place of grumpiness.
- 2016-1119-033 Ever feel grumpy? Of course. It happens. Sometimes you just, as they say, get up on the wrong side of the bed. I have a remedy for that. If you get up on the wrong side of the bed, go back to bed and get up again on the right side. And if you do not feel that you can get up on the right side, lie there until you do feel that you can.
- 2016-1119-034 "But my boss ".Yes, who is boss? Who is truly boss? What choice do you have , because you always have choice" .Well, yes, but if I'm not there at a certain time, I'm going to lose that job ".Have you ever lost a job and found that it was the best thing ever? Because then you had to move on to something else, and that turned out to be the best thing ever .
- 2016-1119-035 "Oh, but I don't like change. It's difficult to change, and even if I don't like what I'm doing, at least I know sort of what it's going to be ".If you don't like it, change it. There is no big referee in the sky judging you and saying that you have to stay with what you are doing. You are the referee who says what you are going to do, and if you are not thankful for what you are doing ,what would you like to do? Start thinking about that. And when you start doing that, possibilities open up for you, because you have already said" ,I am open to possibilities. I'm open to seeing things differently. I am open to adventure".
- 2016-1119-036 Now, I know that human life seems precarious from time to time, and you say, "Well, I'd like to have everything worked out and know exactly how I'm going to do it and who is going to be there for me, etc." But that, beloved ones, is the ego talking, the separated ego that does not trust the I Am Ego to take care of you.
- 2016-1119-037 The I Am Ego is going to always direct you in the way that will bring you back Home again, back to that place of awakening where you realize, "I Am Home. I never actually left it. It's within me. Oh, my goodness, I went searching everywhere for it. I went to everyone and asked them, 'How do I get Home

again?' I read all the books to see how I would get Home. I went to all the right lectures. I went to all the right religious churches, and I knew they had the answer for me. They said they did, but they didn't really find Home."

- 2016-1119-038 You have done this throughout lifetimes, where you have run everywhere, looking high and low for Home, when all the while you have it within you, and you have taken it with you everywhere you have gone. "Yes, but I didn't know that." Well, now you do. Where are you now? "Well, I'm right here, and I guess I can maybe think about that." Yes, think about it. Accept it. Try it on for size.
- 2016-1119-039 You are Home. It is within you. You hold the key to unlock the door to Home. You have that key. Allow yourself to be happy in it, because truly, no one is going to give you happiness. You can go up to everyone and say, "Are you going to make me happy? Please make me happy. Do all the right things, say all the right things, make me happy."
- 2016-1119-040 They do everything, and still you're not happy. And yet all the time you hold the key to the door to happiness. It starts with that very first moment in the day when you first awaken, and there is someone within you asking, "How is this day going to go?" Out of habit you say, "Well, there's so and so I have to see and this I have to do, and this is such and such a day, etc." Stop that voice right there and say, "No, I am going to be happy in this day. I choose to unlock the door to my Home, to my happiness."
- 2016-1119-041 "You've done everything else, so now go out and play ".A wise man once said that, and it is an advice to be taken quite lightly. I was going to say seriously, but take it quite lightly .You've done everything .Go out and play. Enjoy. Because truly you have given yourself the gift of life. You have made some challenges for yourself as you've come along, because you wanted to see how strong you are, and you have to be stronger than the challenges .You've made the challenges; therefore, you have to be stronger than they are. They are your playthings, if you will look at it that way .
- 2016-1119-042 You have much help in changing the thinking. You have much help from ones you can see; your friends will help you as much as they can. You have help in the ascended realm, because always we stand ready, willing, and able, if you will call upon us, to play with you. You often suggest the games, and we say, "Well, as long as it is a joyful game, yes, I'll play with you," and we do. We watch; we play with you.
- 2016-1119-043 And sometime you will wonder, "There's an energy here. I'm not sure what it is, but it feels good. I will play with this energy. I will see where it takes me." You have done this in your meditations. You have said, "I am open. Show me." Then

something has come to you, and you have said, "Oh, well, that's an idea. Perhaps I could do such and such."

- 2016-1119-044 And then, maybe, if you're really, really lucky, you decide to act on it, and then doors open for you. Then you have the choice, "Will I walk through that door?" Well, yes, why not? You are the one who has made the door. Open it and play. Find out what's on the other side. I mean that literally and figuratively. Find out what is on the other side that you do not see with the physical eyes, that door that is within. What is behind that door? Walk through that door. Play with that door to see what there is within you.
- 2016-1119-045 I have seen you doing this, and I give great respect to you, because all of you, every one of you has walked through a door that you have been afraid of. You have come up to the door and said, "I can't do that. I'm not strong enough to do that. I'm not wise enough to do that. I haven't read enough books. I haven't talked to enough people. I haven't prayed enough."
- 2016-1119-046 And then something—who knows what—pushed you, and you went through the door. And my goodness, here you are, still breathing, laughing, loving. You have come through those doors that seem to be so hard to open and go through. Sometimes you have opened a door and stood on the threshold, and you have said, "Do I dare? I don't see anything out there." Because the separated ego wants to know, "If I step forward, is there going to be something there?"
- 2016-1119-047 And then something has pushed you, and you've gone through the door, and it's like, "Oh, my goodness, what happened?" And you survived—amazing. You have survived. Not only that, but you have a smile on the face. So yes, you have come through with flying colors.
- 2016-1119-048 That is the best thing about life, where you feel that, "Oh, my goodness, I can't do this. It's going to be too much to do," and then you have done it, and it's like, "Wow, I didn't know I could feel so strong. I didn't know I could feel this good about myself. I didn't know, but I do now." And you have had the smile on your face, where you have said, "Yes, I have been there, I have tested it, and I'm here to tell you," and oftentimes you will go and say to friends, "Do you know, I did it. I didn't think I could do it. I was sure I couldn't do it, but then something pushed me and I had to go forward, and I did go forward," and you are taken care of; always, always taken care of.
- 2016-1119-049 You have much to be thankful for. When you are adding up, enumerating what you are thankful for...well, let us do a small exercise. Beloved one, will you find some pens and paper that ones can write on. And while he is doing that, be

thinking of what you are thankful for, to start a list. The operative word there is start, because truly there is so much, it is going to fill many pages, but we will only do one page this evening.

- 2016-1119-050 But when you get to listing what you are thankful for, then another idea will come to you and another idea, and yes, you are thankful that you have a bed to go to later that is going to feel really comfy. Yes, you have had a big day. All of you feel that you are looking forward to being able to stretch out the body, to be able to stretch out and wiggle the toes. Toes like to be wiggled.
- 2016-1119-051 Begin to list what you are thankful for, and there are no "shoulds" about it. Anything that you are thankful for that comes to mind, write it down. We will give you a moment or so to begin your list.
- 2016-1119-052 [Long Pause]
- 2016-1119-053 Okay, I know you have just begun, and you are starting on your second page, but take this with you, and in between now and your day of Thanksgiving, add to it, and on the day of Thanksgiving, you can review it and add to it some more. But day by day, as you have time, add to it, because ideas will come to you, and you will say, "Okay, I will put that on my list." What we will do right now is go around the room and have you say one thing that you are thankful for. We will not spend a whole lot of time. We certainly could, but we will have just one thing. Will you start, beloved one?
- 2016-1119-054 **XXXX: I think everybody that knows me will appreciate this. I am thankful for vinegar (Very good; I don't know if other people have that on their list) And chocolate too.**
- 2016-1119-055 **XXXX: I was going to say chocolate, but, okay, I'm saying chocolate.**
- 2016-1119-056 **XXXX: For support of loving friends.**
- 2016-1119-057 **XXXX: For family of choice. (Perfect)**
- 2016-1119-058 **XXXX: For breath.**
- 2016-1119-059 **XXXX: For my wife.**
- 2016-1119-060 **XXXX: For the fresh air that surrounds us.**
- 2016-1119-061 **XXXX: For the sun.**
- 2016-1119-062 **XXXX: Wind.**
- 2016-1119-063 **XXXX: For all the teaching that I have been receiving, along with assistance from the ascended realms, that has made me realize consciously who and what I am and how I create my experiences.**
- 2016-1119-064 **XXXX: For moments of silence.**

- 2016-1119-065 Oh, very good. Beautiful. Each and every one of you. Add to your lists in the days...pardon? (And on your list?) On my list? My list is for ascended beings who are right in front of me, each and every one of my friends. I know you.
- 2016-1119-066 Now, each and every day, add to your list, and when you come to your day of Thanksgiving, you will read it over, review it, add to it some more perhaps, and know that truly you have much that you are creating that you are thankful for. Every day you are the makers of that day. Every day you may rejoice and be glad in it, because you are making it, you are in joy with it, and it is your gift to yourself, as you are the gift to me. So be it.